



# HIDDEN WOUNDS ARE DANGEROUS. MENTAL HEALTH CARE **SAVES LIVES.**

Nearly three in four millennials – 73 percent – surveyed across 15 countries said that mental health needs are as important as water, food and shelter for victims of wars and armed conflicts.

To what extent do you agree or disagree with the following statement?

**In supporting victims of wars or armed conflicts, the emotional or mental health needs of victims are as important as water, food and shelter.**

The data, taken from an Ipsos survey commissioned by the International Committee of the Red Cross (ICRC) of more than 15,000 people aged 20 to 35, shows growing awareness of the importance of mental health and psychosocial support in conflict situations.

